### CONNECTED SUMMIT 2022 HEALTH&FITNESS HIGHLIGHTS

L.A.,USA



#ConnectedHealthandFitness

#### **HEADLINE SPEAKERS INCLUDED:**



Michael Horvath Co-Founder & Board Member Strava



**Emma Barry** Chief Creative Soul Good Soul Hunting GOOD SOUL HUNTING



Garrett Marshall President **Xponential Fitness XPONENTIAL** 



JJ Gantt President Barry's Bootcamp B**≈**RRY'S

**Movement & Data | Wellness & Vitality** I Innovation & Technology

#### **PARTNERS INCLUDED**

Platinum Partners



Gold Partners





















# 190+ ATTENDEES





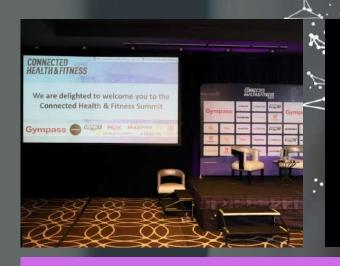
APPLICATIONS
to our CEO &
Founders Forum and
Women in
Connected Health
Event

DAYS
of innovation,
investment and
networking



ROUNDTABLES
with 124 people
participating





# 1146 CONTACTS MADE



2143 MESSAGES EXCHANGED





CONFIRMED MEETINGS

# ONSITE FEEDBACK

"I would describe it as an intimate summit with a high concentration of decision makers and movers. Amazing event. Cannot wait to be a larger part next year if you'll have me!"

**Vincent Miceli, Verb Al** 



"This event has become my favorite in the calendar; I always appreciate the opportunity to participate as a presenter or on panels, and the quality of networking at the event is top notch. Looking forward to next year".

**Steven Webster, Asensei** 

"Just wanted to thank you both again for a very well organized, valuable event. Oftentimes conferences and summits fail to live up to the hype, but your event delivered on the expectations. If you are planning future events like this year's, I hope you consider including me."

Ed Lippie, Bearn





"The CHFS is a must for anyone involved in the fitness industry. Fitness is evolving into a digital first industry and its integral for consumer fitness products, fitness pros and commercial gyms and health clubs to learn how and why to adopt and use technology. You can get that here"

Jeffrey Kazmucha, FitnessPlans



### 2022 TAKEAWAYS.

What a pleasure to be in-person with 190+ leaders and senior executives at the Connected Health & Fitness Summit. A two-day event filled with insights, discussions, partnerships, meetings, and innovative thinking about the future of the fitness industry.

Key themes addressed over the two days included how gyms can continue to develop their omnichannel offering, diversifying your business model to meet the expectations of the 'hybrid fitness consumer', harnessing data and AI to maximize customer value and retention, and the role of nutrition-tech and sleep-tech on connected health. It was so exciting to see the depth of discussion and ideas sparked through the exceptional sessions, 1-2-1 meetings, and more intimate roundtables across the two days.

The CEO & Founders Lunch Forum and Women in Connected Health Event were a particular highlight of the Summit. Bringing together senior leaders to spark discussion and foster greater levels of diversity, inclusion, investment, mentorship, and innovation within the industry. It was inspiring to witness connections being made, advice being shared, and the incredible support and encouragement vibrating throughout the sessions!

Thank you to all our speakers, partners and attendees for making the Connected Health & Fitness Summit such an exciting, powerful, and industry shaping two days! We look forward to seeing you again next year!

Warm regards, Isabella Hughes - Conference Producer





### AUDIENCE BREAKDOWN

#### **COMPANY**



59%
Independent
/Emerging



27%

Physical
Gyms/Boutique
Fitness



6%

Supplier/Supporting Companies



8%
Investors

#### **FUNCTION**



Partnerships



Digital



Engineering



Marketing



Innovation



New Ventures

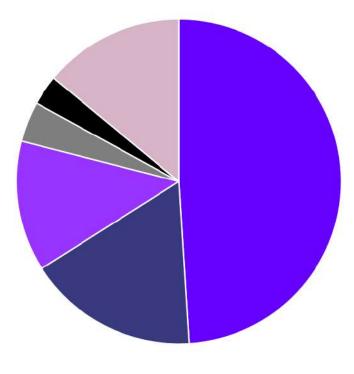


Operations



C-Level and Founder

#### **SENIORITY**

















# WHO ATTENDED

[solidcore]

9to5Mac, Connect The Watts Advanta Health Solutions

Advocate Aurora Enterprises

AJR International Akila Labs Inc

ALSAC/St. Jude Children's

Research Hospital

asensei

**B38 Advisory and Capital** 

Bank of the West Bares Capital

Barry's Bootcamp

Barry's

Bash Family Endeavors

Beachbody BPT Works

**Candor Advisors** 

City Row CITYROW

DanceBody

ClassPass / Supernatural Consumer Health & Lifestyle Corvus Wellness Ventures

Corvus Wellness Credit Suisse

Devonshire Investors

Down Dog App Drip Accessory Eight Sleep Elo Health

EY Ventures Feed.fm

Fhitting Room

Firmament

**FitnessPlans** 

FitOn Fitradio FITT Finder

FitTech Company

FORME Life FORTË

Frame Fitness

Gainful

Go2Practice GoFit LLC.

Good Soul Hunting Grooove Media LLC

Guru Health Inc (DBA Guru Running)

**GV** Photography

Gympass HANU FIT Healthdesk AI

Healthwell Acquisition Corp

Hydrostasis Hydrow HYGEAR Hytro IHRSA Impact Wrap Independent

indiFIT

In-Shape Health Clubs

Intel, Olympic Technology Group

IRL Ventures

ISSA

Johnson Health Tech

KAYA

KB Partners, LLC

Kemtai

L.E.K. Consulting LES MILLS US

Liberation Investment Advisory

Group LifeNome Liteboxer Maxpro

Microsoft Corporation

Middle Mojo Vision

Muse Mux Myodetox

Myzone NeoU Nexersys Nike, Inc. Nix Biosensors

North Castle Partners North Pole Engineering Norwest Equity Partners

Obé Fitness

Onyx

Orangetheory Fitness

Paceline
PEAR Sports
Peerfit
Presence Fit

Presence.Fit ProActvRcvry

Robert W. Baird & Company

RookMotion Row House Sage Wellness Sensoria Health

Skōp SLT

SmartSports Speede Fitness Spren by Elite HRV

Strava

Street Smart Fitness LLC Stronger U Nutrition

Struct Club Sweatworks SyncFloor Technogym NA Terra Planet Earth Territory Foods

The Carrington Wellness Limited

Title Boxing Club

Tribe VERB AI

VirtualTraining s.r.o. / ROUVY

VividMotion.Al VMG Partners Volt Athletics

Walla

Wellness Explorers West Coast Fitness

Wild.Al World Gym wOS

Xponential YogaWorks YouFit Gyms



CONNECTED HEALTH AND FITNESS

#### KENTAI





Kemtai is a computer vision exercise platform that analyzes human motion and provides real-time guidance and training feedback. Working with both fitness and physiotherapy companies, Kemtai's software platform can run on any device and guide users as if a personal trainer or therapist was right there with them. Kemtai provides immediate feedback, corrective guidance and qualitative scoring, creating a hyperpersonalised, effective and engaging experience.

Check out our Product Video to learn more, try out a sample 2-minute workout or read Kemtai's 4-star review in T3 Magazine.

Middle is a flexible integration platform as a service (iPaaS) for marketing agencies, enterprises and SaaS companies in fitness. Use out of the box integrations in our catalogue or customize them to your exact requirements or add your own private apps. No limits other than what your provisioned hardware can handle. Middle was born out of Perkville to help it build and improve integrations faster.

Presence makes remote workouts interactive for digital-first and hybrid offline/online fitness companies. Through the use of technology, brands transform from traditional or streaming-only workouts to interactive experiences that combine 2-way live audio and video, Al tracking and community through social engagement. Let us enable your brand transformation for a post-COVID world.



**CONNECTED HEALTH AND FITNESS** 



wOS is a digital fitness platform that incentivizes people to workout consistently by issuing rewards for hitting fitness milestones. The web and mobile apps offer live and ondemand classes from certified profesional in-house instructors, a proprietary fitness social network and deliver unique experiences with personalized 2-way livestreaming content and a gamified experience. wOS is also developing a whitepaper to incenitivize and reward users for their workout consistency with NFTs and a social token.

## ELO

60% of the US adult population have one or more chronic conditions—and diet-related chronic conditions are the #1 cause of death in the US. Elo's big vision is to transform food from the cause of disease to medicine.

Today, we use biomarkers, cuttingedge AI, and expert guidance to deliver smart supplements calibrated for your unique needs with precision. Then, every quarter we relentlessly optimize and improve your supplement packet because we know that needs change and your supplements should too.



Used by top brands like Crunch, UFC Gym, Anytime Fitness, and more, Healthdesk is a virtual front desk for gyms and studios. Our Ai Virtual Assistant answers your phone calls and immediately responds to your emails, live chats, and text messages so that no lead slips through the cracks. Capture more leads effortlessly, respond faster, and provide an omnichannel concierge service to your existing members with Healthdesk.



CONNECTED HEALTH AND FITNESS





Akila Labs' Health as a Service, powered by Behavioral AI, delivers digital health experiences to its customers, from fitness, wellness, sports medicine, to preventative health and chronic disease management. They have created a significant upgrade to health coaching and guidance -- the advent of the hyperpersonalized health, wellness, and fitness digital concierge. Akila's Behavioral AI is driven by the integration of advanced, cognitive Al with cutting-edge, sensory wearable technology to create affordable pathways to improved health and wellbeing of ever-expanding pool of users across multiple geographies.

Volt Athletics, Inc. ("Volt") was founded in 2011 in Seattle, WA to deliver safe, science-backed training programs to practitioners and teams in the sport performance industry. In 2019, Volt evolved and expanded its technology solutions to apply the same research-based methods of physical development to populations outside of sport performance, primarily through its Corporate Wellness and Military/First Responder programs. Volt's intelligent human performance software allows leadership and practitioners to deliver individualized health coaching plans, capture essential member user data, and integrate with other technologies like wearables & CRM's—all through an easy-to-use online coaching platform and smartphone app.

At the heart of Volt, and one of the biggest differentiators from other fitness technologies, is the evidence-based training guidance that is delivered to each individual user. The Volt team has built a patent-pending AI technology called Cortex®—the first and only training technology in the world that can take in user feedback to adapt and optimize a training session for each user in real time. This proprietary Cortex technology enables Volt to deliver unparalleled fitness training personalization to every user of the application, regardless of their physical location or training environment. The result is training guidance that takes the complete person into account—from your experience level, to your available equipment, to how well-rested you are on a given day, Cortex can adapt and evolve your training to meet you where you're at.

Another key differentiator that elevates Volt from other fitness technologies is the platform's scalability. Volt allows human performance professionals to seamlessly deliver individualized training to one individual or millions, helping improve health outcomes and provide a unified, data-driven approach to fitness and physical development.

With a 4.7-star rating over 14,000 reviews in the App Store, Volt has proven itself to be the most user-friendly human performance solution for organizations, leaders, coaches, and employees. Scalability means nothing without an easy-to-user interface for practitioners, leaders, and member users—and Volt's commitment to user experience is unmatched in the industry. Built on a secure, established platform on mobile and web, Volt's technology allows for safe data collection that can empower both end-users and practitioners with customized recommendations to take physical fitness guidance to new levels.



**WEARABLES AND SENSORS** 

**WINNER** 







At North Pole Engineering our mission is to enable everyday athletes with the tools to easily capture and record their fitness activities whether at home or at the gym. Founded in 1997 and located in Minneapolis, MN, we had our start designing hardware and software solutions for businesses in the industrial, commercial, and defense industries. Today we focus on providing specialized group fitness sensor data collection solutions; wearable/mobile device connectivity for fitness equipment; and unique sensor and data connectivity products for everyday athletes. We have had the privilege to work with many of the leading fitness brands to create awesome fitness experiences and wake up every day thinking about how we can make the fitness journey richer and more enjoyable for everyone.

Hydrostasis provides real-time, personalized hydration monitoring capabilities to smart device manufacturers in consumer and clinical applications. 75% of adults in the U.S. are chronically dehydrated, costing \$20B annually and leading to chronic conditions such as diabetes, kidney disease, and dementia. Consumer device manufacturers are looking for better health insights and clinicians need objective data and remote monitoring. Using patented sensor design and proprietary algorithms, Hydrostasis' solution is noninvasive, cross-platform, and device agnostic. Hydrostasis is supported by SOSV, NIH, US Air Force and has planned clinical validation studies at UCSD, NYU, and Azalee Care (Japan). We are 6 months away from signing a licensing contract estimated at \$2-12m in revenue with a tier-1 smartwatch manufacturer as well as a \$46m customer pipeline in the next 4 years. We are looking to raise our first equity round and are in discussions with potential leads.

Our vision is The Garment is the Computer®. Headquartered in Redmond, WA, Sensoria Health is the leading developer of the Internet of Me (IoMe) smart garments and artificial intelligence software solutions that help improve people and patient's lives. Sensoria's proprietary sensor infused smart garments, Sensoria® Core microelectronics and cloud system enable footwear and clothing products to convert data into actionable information for patients and clinicians remotely and in near real-time.



### PARTNERING OPPORTUNITIES

#### BESPOKE OPPORTUNITIES TO ACCELERATE CONNECTED HEALTH & FITNESS

Alongside the connected health & fitness event series, we excel at delivering for the fitness community throughout the year with a variety of different touch points, including:







**Specialized roundtables** of 7-12 people specifically curated to tackle painpoints across the industry.



**Curated pitching** competitions/opportunities to help match you to a partner who fits your business needs.



**Leadership dinners** with 10-20 individuals, all dedicated to improving the outcomes in fitness.





For questions regarding exhibition, digital and sponsorship opportunities, contact:

Emma Forrest | Commercial Partnerships Manager | T: +44 (0)203 696 2924 | E: ef@kisacoresearch.com

